

North East and Cumbria Hubs Mobility Advice Service

North East Mobility Advice Service give free advice on using public transport and alternative travel options for people who are advised to stop driving and or are unable to drive. Helping you to make the most of your mobility and increase the opportunities available to disabled and older people.

The bespoke service gives tailor made advice on your travel options. This includes bus, rail, community services, air and ferry. Both locally and throughout England. The service supports people who feel isolated or lonely within the communities and signpost them in the direction of services that may be able to help in the area.

North East Mobility Advice Service are supported by the Department for Transport.

Last updated: February 7, 2023

Telephone: 07816 129 405

Website: www.cntw.nhs.uk/nedm

Helpline: 0191 287 5090

Email: TransportHub@cntw.nhs.uk

Opening Hours: Monday to Friday 9 am to 5pm

Address:

Walkergate Park Hospital

Benfield Road

NE6 4 UD

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