

## St Francis' Church High Heaton

St Francis' Church are located in High Heaton. They host a range of events:

- Monday Tea & Toast which offers a safe space to young people aged 11-16 after school.
- Wednesday Place of Welcome for people who socially isolated, the elderly, and people with dementia (and their carers)
- Thursday Baby & Toddler Group supports parents and carers with small children.

St Francis' Church is a Wellbeing Hub. They're a warm welcoming place to spend time in Newcastle. They offer a range of support such as hot drinks, free Wi-Fi, place to charge your devices, information, advice and more. Read more about <a href="Wellbeing">Wellbeing</a> Hubs

Wellbeing hub open 3pm to 4:30pm, Wednesday 2pm to 4pm, Thursday 1:30pm to 3pm, Sunday 8am to 12pm

Last updated: April 10, 2025

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