

## Rescare

Rescare supports families who have loved ones with a learning disability. They are run “by families for families”, with members all over the UK. Their services include:

- Telephone helpline where you can ask questions about being a family carer, health and social care, education, housing and more
- Advocacy
- Online Family Forums
- Campaigns

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Last updated: November 9, 2023

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**Telephone:** 0752 924 7792

**Telephone note:** Mondays and Thursdays

**Website:** [www.rescare.org.uk](http://www.rescare.org.uk)

**Helpline:** 0161 474 7323

*Monday to Friday 9am to 5pm*

**Email:** [office@rescare.org.uk](mailto:office@rescare.org.uk)

**Twitter:** [https://twitter.com/Rescare\\_Charity](https://twitter.com/Rescare_Charity)

**Facebook:** <https://www.facebook.com/rescare.uk.charity>

**Youtube:** [https://www.youtube.com/watch?v=9vrhHiJXj\\_g](https://www.youtube.com/watch?v=9vrhHiJXj_g)

**Opening Hours:** Monday to Friday 9am to 5pm

**Address:**

Suite 1B  
Cheadle Hulme  
Stockport  
Sinclair House  
SK8 5AF

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[Autism and local support services](#)

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