

Mobilise

Mobilise is a free online service for unpaid carers in Newcastle and the UK. You are a carer if you're looking after a family member or friend with a disability, or long-term illness. They have a range of online tools to help you. This includes help to access financial support and carers' guides co-written with carers in their community.

Register with Mobilise to connect with other carers, share tips, get support and information. You can get help with:

- free personalised guidance and coaching
- · weekly email newsletter
- Carers allowance tool to check if you're able to apply for this benefit
- 30 minute telephone or video call
- Emergency planning tool
- 5 step email course to make sure you're getting the right support

Last updated: October 24, 2025

Website: https://support.mobiliseonline.co.uk/newcastle

Email: info@mobiliseonline.co.uk

Website 2: www.mobiliseonline.co.uk

Twitter: https://twitter.com/MobiliseCare

Facebook: https://www.facebook.com/groups/Mobilisecommunity

Youtube: https://www.youtube.com/@mobilise4069

Opening Hours: Website open 24 hours a day, 7 days a week

Phone calls can be arranged at a time to suit you

Cost: Free

Address:

International House 64 Nile Street London N1 7SR

Related Articles

Living with a long-term health condition or disability

Looking after someone