

Perfect Solution Foundation

Perfect solution foundation provide educational support, advice, social welfare support for children and young people, particularly disadvantaged children, and children from black and ethnically minoritised communities. They hold youth events, women's events and family events at venues across Newcastle throughout the year.

- They hold a health and wellbeing hub every Friday **1:40-4:30pm**.
- Youth revision classes twice a month on Fridays 3:40pm to 5:40pm at [One Strawberry Lane](#)
- Quarterly health and wellbeing events for mothers

The Hub provides free hot food, tea and coffee and the opportunity for health talks, health checks, signposting to other support.

Last updated: July 7, 2025

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Opening Hours: 1:30-4:30pm

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