

## Alcohol Change UK

Alcohol Change UK is the new charity formed by the merger of Alcohol Research UK and Alcohol Concern.

They publish research, facts and figures and run an awareness campaign about the harm that alcohol can do. They run the Dry January campaign and offer support and resources.

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**Telephone:** 0203 907 8480

**Website:** <https://alcoholchange.org.uk/>

**Email:** [contact@alcoholchange.org.uk](mailto:contact@alcoholchange.org.uk)

**Cost:** Free

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