

Changing Lives

Changing Lives supports people experiencing homelessness, domestic violence, addictions or long-term unemployment. They provide specialist women's and family services. Their services include:

- Drug and alcohol recovery services
- Supported accommodation to help you get back on your feet quicker
- [Changing Lives Sanctum](#)
- Specialist accommodation for veterans, young people, women in recovery with their children and for people escaping domestic violence or modern day slavery
- Women Only Treatment Space at [ReCoCo Recovery College on Tuesdays](#)
- Employment support for over 18s to access free training and support
- Food redistribution service
- Volunteering opportunities
- Fulfilling Lives supporting people with multiple and complex needs
- Charity shops
- Affordable furniture warehouse

Some of the items they accept and offer include:

- Clothes
- Food
- Toys
- Cleaning items
- Sanitary items
- Homeware eg cooking items
- Decorations for homes

Changing Lives is commissioned by Newcastle City Council to deliver:

- Crisis response and homelessness and prevention services
- Sexual health services
- Drugs and alcohol services

Last updated: September 9, 2026

Telephone: 0191 273 8891

Website: <http://www.changing-lives.org.uk>

Fax: 0191 256 2914

Email: central.office@changing-lives.org.uk

Twitter: https://twitter.com/ChangingLives__

Facebook: <https://www.facebook.com/ChangingLivesCharity>

Address:

Unit D13 Marquis Court
Tenth Avenue West
Team Valley
Gateshead
NE11 0RU

Related Articles

[Support for addictions and harmful behaviours](#)

[Practical help to move home](#)

[Affordable furniture](#)

[Free meals and affordable food in Newcastle](#)

[Homeless or worried about becoming homeless](#)

[Drug and alcohol support](#)

[Alcohol](#)

[Adult abuse](#)

[Domestic abuse](#)

[Support Groups](#)

[Sexual health](#)