

Dance City

Dance City is a place where you can take part, watch and talk about dance. You can socialise, learn new skills, keep fit and active, train professionally and find out more about dance. They run various classes for over 55s including:

- Tap Beginners/Intermediate
- Ballet Beginners/Improvers
- Cuban Salsa Beginners
- Pilates for 55 years+
- Boundless for 55 years +

Dance City is a designated [Safe Place](#) for people with learning disabilities.

polling station

Last updated: May 6, 2026

Telephone: 0191 261 0505

Website: www.dancecity.co.uk

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Email: info@dancecity.co.uk

Twitter: www.twitter.com/dancecity

Cost: There may be a cost to this service/support

Address:

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