WinG Outdoor Activities

WinG Outdoor Activities offers a range of outdoor activities for individuals, families and groups. Using outdoor activities to improve people's well being, improve fitness, meet new people and learn new skills whilst connecting with the wonder of nature.

Activities include: canoeing, cycling, bush craft, woodland wellbeing sessions, cabin building, cooking over an open fire, rock climbing and hill walking an map reading sessions.

They provide all outdoor equipment, minibus transport and instruction at the sessions.

WinG Outdoor activities provide activities for adults, families. community groups, charities within the Tyne and Wear and surrounding area. They also take NHS referrals.

Last updated: November 30, 2023

Telephone: 07506 176888

Website: www.wingoutdooractivities.org

Mobile: 07506 176888

Email: info@wingoutdooractivities.org

Facebook: https://www.facebook.com/www.wingoutdooractivities.org/

Youtube: https://www.youtube.com/watch?v=xJ6QpBcWj6E

Address:
WinG Outdoor Activities
NE1

Related Articles

Fitness Activities

Support for veterans, their families and carers

Parks, gardens, forests and woodlands