

## Telephone Preference Service (TPS)

The Telephone Preference Service (TPS) is a free service. It is the official central opt out register on which you can record your preference not to receive unsolicited sales or marketing calls. It is a legal requirement that all organisations (including charities, voluntary organisations and political parties) do not make such calls to numbers registered on the TPS unless they have your consent to do so.

You can also register your mobile phone number either online or by texting 'TPS' followed by your e mail address, to 85095.

Last updated: November 21, 2019

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**Telephone:** 0345 0700 707

**Telephone note:** Registration Line

**Telephone 2:** 0345 0700 705

**Telephone 2 note:** Preference Service Helpline

**Website:** [www.tpsonline.org.uk](http://www.tpsonline.org.uk)

**Email:** [tps@dma.org.uk](mailto:tps@dma.org.uk)

**Address:**

DMA House  
70 Margaret Street  
London  
W1W 8SS

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