

Food & Solidarity

Food & Solidarity are a collection of mutual aid groups in West Newcastle where you can request a food parcel or make a donation to help others.

You don't need to be a member to ask for a food parcel. To get a food parcel you need to contact them by Friday afternoon or evening. The parcels are made on Saturdays. It costs £3 per month to become a member and receive a food parcel.

The mutual aid groups are based in the West of Newcastle and cover:

- Arthurs Hill
- Benwell and Scotswood
- Elswick

They are a democratic, non-profit, and member led organisation for people who have no income or a low to moderate income. They support their members using direct action.

Last updated: June 13, 2025

Telephone: 07393 101018

Website: www.foodandsolidarity.org

Email: organiser@foodandsolidarity.org

Twitter: <https://twitter.com/FoodandSol>

Facebook: <https://www.facebook.com/foodandsolidarity>

Opening Hours: Contact them by Friday evening to ask for a food parcel.
Parcels are made on Saturdays.

Cost: There may be a cost to this service/support

Address:

Food & Solidarity
120-126 Buckingham St
Newcastle upon Tyne
NE4 5QR

Related Articles

[Food banks and free emergency food in Newcastle](#)