

## **Oaktrees Newcastle**

Oaktrees Newcastle is a 12 step intensive programme for people who want to become sober. This is a community rehabilitation service for people in Newcastle with drug, alcohol or substance misuse issues. The programme is focused on abstinence. It is an alternative to residential rehabilitation.

You attend the programme for 12 weeks, and take part in a structured timetable of groups and workshops from 9am to 4pm, Monday to Friday. You are given support by staff and peers as you learn how to live in recovery from addiction.

To use this service you need to be referred by Newcastle Treatment and Recovery Service (NTaR). Contact them for support.

This service is commissioned by Newcastle City Council

Last updated: March 13, 2024

Telephone: 01912738891

Website: https://www.changing-lives.org.uk/find-support/oaktrees-newcastle

Opening Hours: Monday to Friday 9am to 4pm

People from Newcastle must be referred to this service by Newcastle Treatment and Recovery

Service (NTaR)/

Cost: Free

Address:

Oaktrees Newcastle
1st Floor
1 Carliol Square
Newcastle upon Tyne
NE1 6UF

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Support for addictions and harmful behaviours

Services commissioned by Newcastle City Council