

## **Ridley Villas**

Ridley Villas is specialist supported accommodation for women and their families in recovery from substance misuse. Their specialist accommodation provides a therapeutic space for women from Newcastle and Gateshead to recover from their addiction and supports families to gain skills.

Support available includes:

- A 20 week tailor-made support program
- The Stephanie Covington programme: Helping Women Recover
- Social activities for people living at Ridley Villas are held in the evening in the communal areas.

This service is commissioned by Newcastle City Council

Last updated: March 13, 2024

Telephone: 0191 232 9181

**Telephone note:** Family Support Worker team

Website: https://www.changing-lives.org.uk/find-support/ridley-villas

Email: staffridleyvillas@changing-lives.org.uk

Opening Hours: Monday to Friday: 8am to 10pm,

Saturday and Sunday: 12pm to 8pm

## Address:

91-93 New Bridge Street Newcastle-upon-Tyne NE1 2SW

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