

The Bread and Butter Thing – Benwell

The Bread and Butter Thing (Benwell) is an affordable mobile food club. They offer low cost weekly shopping bags. It's cheaper than buying food in shops. The bags contain fruit and vegetables, fridge favourites and cupboard staples. It's free to become a member. They accept Healthy Start vouchers and vegetarian options are available.

The food bags change each day, this means you won't save the same amount of money each time. You will get new foods to try and the cost of the bag may be reduced if they have less food available.

To get a food bag you must:

1. Book your food club order in advance
2. Text 07507237311 with your full name, postcode and the where you'll be collecting from – BENWELL or visit the [members section of the website](#)
3. Select the size of your food bag (vegetarian options are available): Individual is £5, Family is £8.50, Large Family is £17
4. You'll be sent a text every Sunday to confirm if you would like to place an order the next week. Reply 'YES' by 10am Monday to secure your shopping.
5. Collect and pay for your goods from [Merton Lodge](#) in Benwell at 2:30pm Tuesday. (someone can collect on your behalf and they accept Healthy Start Vouchers)

Last updated: March 17, 2026

Telephone: 0737 9931980

Website: <https://www.breadandbutterthing.org/>

Twitter: <https://twitter.com/TeamTBBT>

Youtube: https://www.youtube.com/channel/UCDQ_sVtXIFyhra9xkaWwcdQ

Opening Hours: Tuesdays 2.30pm to 3.30pm to pay for and collect food bags

Cost: There may be a cost to this service/support

Address:

Merton Lodge
Merton Court
Benwell
NE4 8JD

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