

Children and Families Newcastle Early Help at Newcastle City Council

Early Help can support your family to stay on track. Being a parent or carer can be a tough job. You don't need to face challenges on your own. You can ask for help with an ongoing problem or get help to prevent one from happening. They have hubs in Newcastle where you can help information, help, training and advice:

Children and Families Hubs in Newcastle

Location in Newcastle	Community Hubs (including Autism)
North	<p><u>Fawdon Children's Centre</u></p> <p><u>The Haven</u></p> <p><u>Gosforth Library</u></p>
East	<p><u>Byker Sands Family Centre</u></p> <p><u>West Walker Family Centre</u></p> <p><u>St Martin's Centre, Byker</u></p>
Inner West	<p><u>Cowgate Centre</u></p> <p><u>Carnegie Community Hub, Benwell</u></p> <p><u>NunsMoor Centre</u></p> <p><u>Families Matter at Blakelaw</u></p>
Outer West	<p><u>Galafield Centre</u></p> <p><u>Charlton Street Hub in Lemington</u></p>

Are you worried about the safety of a child or young person?

In an emergency or if someone's life is at risk [call 999](#).

You might be worried that a child or young person is experiencing, or at risk of, abuse and neglect. If you are told about or witness an incident of abuse, are the victim of abuse or think abuse may be happening you can:

- phone [0191 277 2500](#) Monday to Friday, 9am to 5pm
- call [0191 278 7878](#) evenings and weekends
- **[report your concerns of abuse or neglect online](#)**
- contact someone you trust, such as a GP, nurse, police officer or care worker. They will pass on your concerns to the safeguarding agencies.

Last updated: March 13, 2026

Telephone: 0191 211 5805

Telephone note: General enquiries Monday to Friday, 9am to 5pm

Telephone 2: 0191 2788494

Telephone 2 note: Start for Life Parenting helpline

Website: <https://www.newcastle.gov.uk/services/care-and-support/children/getting-help-children-and-families/early-help-your-family>

Website 2: <https://www.newcastlesupportdirectory.org.uk/>

Related Articles

[Baby, children and young people's health](#)

[Community Centres and Hubs](#)

[Cost of living support](#)

[Moving from Childrens to Adults Social Care](#)

[Caring for young relatives – Family or friend \(kinship\) carers](#)

[Mental Health](#)

[Learning disability local support services](#)

[Supported living or housing services for people with a learning disability or autism](#)

Autism and local support services

Grandparent issues