Information NOW
Information for people in Newcastle upon Tyne

Triangular CIO

Triangular CIO (Charitable incorporated organisation) is a network of volunteers and professionals who support refugee communities in Newcastle and Gateshead.

They support includes:

- regular drop-in sessions with one to one support and advice on housing, immigration, language, volunteering and employment.
- peer support meetings for refugee women
- regular actvities such as sewing, crocheting, digital skills and zumba
- food help available
- lobbying, community organising, and public education programmes on refugee and asylum support

> Triangular CIO is a Wellbeing Hub. They’re a warm welcoming place to spend time in Newcastle. They offer a range of support such as hot drinks, free Wi-Fi, place to charge your devices, information, advice and more. Read more about **Wellbeing Hubs**
>
> Wellbeing hub open Monday to Friday 9am to 3:30pm, Saturday 10am to 2pm

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