# James Place

They offer free, focused, one to one therapy to help men understand and recover from a suicidal crisis. Men referred in usually get six to eight face to face sessions with a trained therapist.

Men can self-refer or be referred by a health professional. To refer a man in suicidal crisis please fill out a referral form here: www.jamesplace.org.uk/get-support

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**Telephone:** 0191 406 6000

**Website:** https://www.jamesplace.org.uk/get-support/

**Address:**
1 Summerhill Street
Newcastle upon Tyne
NE4 6EJ

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Suicide