

Separating better

Separating better is a free app for separating parents to help you self-manage your separation. It has practical tools to help with budgeting and legal arrangements. You can use it to create a personalised parenting plan to make co-parenting arrangements that work for your children.

In the app, you can watch a series of videos which shows typical co-parenting scenarios. To help you to improve your conflict resolution and communication skills. There's articles with expert advice on separation and co-parenting.

Separating better is FREE and can be downloaded from app stores:

- [Apple Store for iOS devices](#)
- [Google Play for Android devices](#)

The app was created by [OnePlusOne](#), a relationship and innovation charity and funded by the Department for Works and Pensions. They also provide free healthy relationship online training for parents and families in Newcastle.

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Website: www.oneplusone.org.uk/separating-better

Cost: Free

Address:

MHA MacIntyre Hudson, 6th Floor
2 London Wall Place
London
EC2Y 5AU

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