

## Moving from Childrens to Adults Social Care

### What is Children's Social Care?

Children's Social Care and Early Help supports families with children and young people under the age of 18. They work with families to make sure that children and young people are safe, healthy, and have the support they need to grow up happy and well. When you reach the age of 18, Social Care services are usually provided by Adult Social Care. Some young people will continue to work with Early Help or Children's Social care until they are 25 years old.

[Children and Families Newcastle Early Help at Newcastle City Council](#) can support young people into adulthood and to move into adult services. They can help your family to stay on track. Being a parent or carer can be a tough job. You don't need to face challenges on your own. You can ask for help with an ongoing problem or get help to prevent one from happening. They have hubs in Newcastle where you can help information, help, training and advice.

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### Who uses Children's Social Care

Children's Social Care help a range of children and young people. This includes people under the age of 18:

- with long-term health conditions
  - with special educational needs and disabilities (SEND)
  - who are [young carers](#)
  - who might be having a tough time or facing problems at home. This could be because of issues like [family problems](#), [abuse](#), [neglect](#), or not having a safe place to live
  - who are [looked after by someone other than their parent](#)
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### Preparing for adulthood

Children legally become adults at the age of 18. This does not change if you have care and support needs. It's a time of enormous change for you, your carers and family. Newcastle City Council's Children and Adult Social Care will work with you and your carers, to help you plan and prepare for your move to adulthood.

From the age of 16, young people may want to be more independent. You may want to have more control over the support you receive for your special educational needs and disabilities (SEND).

## When do you move on from Children's Social Care?

You will start the move to Adult Social Care between the age of 16 and 18. This is known as the transition from Children's to Adult Services. There is not a set age to move to Adults Social Care. Everybody is different. It will happen at the time that is right for you.

Planning for this move should begin when you are in Year 9 at school, or 13 or 14 years old. This process may start earlier or end later. This is common for children with special educational needs or disabilities (SEND).

From the age of 16 you may wish to be more independent. You can communicate directly with support services such as, Colleges, Newcastle City Council and other support services. This will be discussed as part of your move to Adult Social Care.

This is an ongoing process. It's not one single meeting. It will be tailored to suit your needs.

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## How to move from Children's to Adults Social Care

The best time to plan the move to adult services will be different for each person. You may no longer need help from social care as you get older, or you may need more support. To understand more about what you need Children's and Adult's Social Care will have regular meetings to help plan ahead for when you are 18 years old. They work with health services to plan the next steps and understand more about what you need.

**If you get support from children's social care services and you still need Social Care support when you are 18 years old:** an assessment and support plan will be completed with you and your family. This will be arranged before you are 18 years old. You will move on to Adult Social Care when your support is in place and is working well. This will happen at the right time for you. It can be from the age of 18 and up to the age of 25. You will then get support from Adult Social Care.

**If you no longer need Social Care Support when you are 18 years old:** your Social Work Team will support you to prepare to live independently.

**If things change at any time** you can contact Adult Social Care for more information and support.

[Adult Social CarePoint at Newcastle City Council](#) can talk to you to find out how are you managing at home. They give information and support adults in Newcastle who find day to day activities difficult. This could include community activities, cooking, washing, or caring for someone. You can contact Adult Social Care before your 18th birthday.

They will have a conversation with you to understand your situation. To find out what's working well and where they can help. They can put you in touch with local services. If

you need one, they can arrange a [Needs Assessment](#), to find out if the council can help you further. This is also be called a Transition Assessment.

[Independent advocacy support](#) is available if you need help to take part in your assessment, to get your views heard. Until you are 18 years old your parents and carers are involved in your assessment. Your parents and carers can still be involved when you are 18 years old, if you want.

Some people are eligible for financial help from the Council. If you can't get financial help, they will tell you about services that could make your life easier.

[Contact Adult Social CarePoint](#) for an informal chat to find out what kind of support they can offer you.

[Read our Introduction to Adult Social Care article on InformationNOW.](#)

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## Parents and Carers

When you move from children's to adult's services the needs of your carer may change too. Your parent or carer can ask for a [carers assessment](#) too before you turn 18. This can help to find out what support is available to your carer.

[Read more about local support for carers on InformationNOW.](#)

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## What happens to my care and support services during this time?

You will continue to receive care and support services while your care and support needs are assessed.

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## After your needs assessment

After your assessment Adult Social Care will explain if you're eligible for further support from the Council, or not. They can still give you information and advice to help you.

### What is eligibility?

[The Care Act sets out the criteria](#) to decide if you can receive support or money from Adult Social Care at Newcastle City Council.

It's described as having eligible care needs or that you are eligible for support if you meet this criteria. This is decided when you have a [Needs Assessment](#).

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## If you're eligible for support

After your Needs Assessment Adult Social Care will work with you to:

- create your personal care and support plan. This plan will set out how your support needs may be met and what services you are eligible for from the Council. You can be involved in creating your plan
- arrange a [Financial Assessment](#) to find out how much support you can get. You may still have to pay towards some of your care costs
- give you a [Personal Budget](#) that will be used to pay for your care and support .

[NHS.UK](#) lists what will be included in your care plan.

**If your needs or situation changes:** Speak to [Adult Social Care at Newcastle City Council](#). They can review your care needs or support plan if needed.

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### **If you're not eligible for support**

You can still get information and advice from [Adult Social CarePoint](#). They can put you in touch with local services who can help.

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### **If you're not happy with your Needs Assessment**

Speak to your social worker or the person who you spoke to in [Adult Social Care](#). You can ask to speak to their manager if this doesn't help.

[You can complain to Adult Social Care](#) if you are still not happy.

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### **Your education**

Your school or college, will start the conversation with you about moving to adults services. This can be anytime from the age of 13. Your school or college will work with Newcastle City Council Children's Social Care to arrange your Needs or Transition assessment. This will help them to plan ahead and update your Education, Health and Care Plan.

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### **Your Education, Health and Care Plan (EHCP)**

People who need more specialist support can ask for an Education, Health and Care (EHC) needs assessment, which might lead to an EHC plan. This means you and your family can get a personal budget, so you can have more control over the type of support you get.

Speak to your education provider or social work team, if you think you need an Education, Health and Care Plan. A request can be made for an EHC plan before you are 25 years old.

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### **Health services**

When you turn 18, you will also move from children's to adults health services. This means people who attend regular hospital appointments will see a different team.

You shouldn't be discharged from children's health services until your support have been arranged with adult health services.

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## Meeting a new team

Change can be scary. You may feel worried about moving to a new health and social care support service. Especially when you know the staff who help you. It's important that everyone involved understands the process. So you feel ready for the move to Adults Services.

To make the move easier there should be a detailed exchange of information between the children's and adult's teams before this takes place.

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## Mental health

You may move to adults mental health service at the age of 16, 18 or older. This depends on where you live.

[NHS Children and Young People's service \(CYPS\)](#) will work with you to support your move to adult mental health services.

[Read more from the NHS on moving on to adult mental health services.](#)

[Read more on local mental health support, groups and services on InformationNOW](#)

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## Learning disability and autism

[Adult Learning Disability and Autism Team](#) is part of Newcastle Adult Social Care. They help adults with a learning disability and their carers. You will be referred to this team by [Adult Social CarePoint at Newcastle City Council](#) if you need this support.

Read more on InformationNOW about local support for

- [adults with learning disabilities](#)
  - [autistic people](#)
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## How to report abuse or neglect

**In an emergency or if someone's life is at risk [call 999](#).**

You might be worried that a child or young person is experiencing, or at risk of, abuse and neglect. Until you are 18 years old, any concerns should be reported to Children's

Social Care.

If you are told about or witness an incident of abuse, are the victim of abuse or think abuse may be happening you can:

- [phone to report your concerns for a child or young person](#)
- [report abuse or neglect online](#)
- [speak to Adult Social CarePoint at Newcastle City Council](#)
- contact someone you trust, such as a GP, nurse, police officer or care worker. They will pass on your concerns to the safeguarding agencies.
- **professionals** [must complete the online safeguarding form](#)

To help with your move from Children's to Adults Social Care, there is a Safeguarding Transition Process. This means When a young person is aged over 17.5 years old (17 and a half years old) Children's Social Care will speak to the Safeguarding Adults Unit, to share information. They will decide if a safeguarding adults referral is needed. The Safeguarding Adults Unit will then decide if a safeguarding adults enquiry is needed.

A safeguarding adults enquiries are used when someone 18 years old and over, who has care and support needs, is at risk of, or experiencing, abuse and neglect and who cannot always protect themselves from harm.

[Find out more about Adult abuse on Information Now](#)

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## Supported housing

When you are 18, you may want to move into your own home.

[Supported housing is available in Newcastle for people with a learning disability or autism.](#) This can give you the flexible care options and support so you can live independently. The range of services includes:

- independent supported living
- personal care at home (home care)
- live in care (residential care)
- short breaks (respite care)
- education services

It's a good idea to visit the supported housing scheme you're interested in, before you decide to apply. Speak to staff and other people who live there to find out if you like it.

[Read more about supported housing options on InformationNOW.](#)

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## Benefits advice

**Parents and carers** who [care for a child with complex needs](#) can claim benefits until they reach the age of 16. From the September after your child's 16th birthday, you can only get payments for

if they're in full-time education or on an approved training course. When your child is 16 years old, they may be able to claim some benefits themselves. This might change your household income. Some benefits will reduce if your child is no longer classed as a dependant. Speak to a local benefits advice service for help to understand which benefits you can apply for.

**Young people** who cannot manage their own benefit payments will need an appointee to help them. This is usually a parent or carer. Speak to a local benefits advice service for help to understand which benefits you can apply for.

## Where to get benefits advice

You can get benefits advice from a local independent service. They can help guide you through the application process and explain how some benefits may impact upon another. Services in Newcastle include:

- [Citizens Advice Newcastle \(CAN\)](#).
- [Newcastle Welfare Rights Service](#) have [self help material](#) on their website
- [Search Newcastle](#) give benefits advice to older people in the West of Newcastle
- [Disability North](#) give disability related benefit advice, help with appeals and representation at tribunals

## Search for Benefits advice organisations

Location:

Postcode:

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## Benefits

Read more on InformationNOW about some of the benefits that may be useful to you:

- [Disability Living Allowance \(DLA\)](#)
- [Personal Independence Payment \(PIP\)](#)
- [Attendance allowance](#)
- [Carer's Allowance](#)

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## Support to prepare for work

You may want to start looking for a job when you reach the age of 16 or 18. There's local support to help you gain the skills and confidence to find a job. There's specialist support available to help who might find it harder to prepare for work. This includes help for people:

- with learning disabilities and autism
- who are carers
- mental health issues
- young people
- with long term health conditions

[Read more on InformationNOW about the support to prepare for work in Newcastle.](#)

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## Information for children, young people and families

### Easy Read guide

[Adult Social Care at Newcastle City Council](#) have created an Easy Read guide and a Parent and Carers Frequently Asked Questions (FAQ) about moving from children's to adults social care:

[Read Transition From Children Social Work to Adult Social Work Easy Read](#)

[Read Transition from Children's Services to Adult Services – Parents and carers FAQ](#)

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[Children and Families Newcastle](#) is the local website where you can find community activities, support and services near you. This includes:

- **The Local Offer:** services for Children with Special Educational Needs and Disability (SEND)
- **children's activities** such as baby and toddler groups, events, or youth groups
- **childcare providers** and nurseries
- pregnancy or family support services
- schools
- holiday activities



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## Useful Organisations

[Adult Social CarePoint at Newcastle City Council](#)

**Email:** [ASCP@newcastle.gov.uk](mailto:ASCP@newcastle.gov.uk)

**Website:** <http://www.newcastle.gov.uk/AdultSocialCare>

**Telephone:** 0191 278 7878

**Address:** Adult Social CarePoint Newcastle City Council, NE4 9LU

## **Children and Families Newcastle Early Help at Newcastle City Council**

**Website:** <https://www.newcastle.gov.uk/services/care-and-support/children/getting-help-children-and-families/early-help-your-family>

**Telephone:** 0191 211 5805

## **Children's and Families Newcastle**

**Email:** [cfnewcastle@newcastle.gov.uk](mailto:cfnewcastle@newcastle.gov.uk)

**Website:** <https://childrenandfamiliesnewcastle.org.uk/>

**Telephone:** 0191 277 4674

**Address:** Civic Centre, NE1 8QH

## **Citizens Advice Newcastle (CAN)**

**Email:** [citycab@newcastlecab.org.uk](mailto:citycab@newcastlecab.org.uk)

**Website:** <http://citizensadvice-newcastle.org.uk>

**Telephone:** 0808 223 1133

**Address:** 4th Floor, City Library, NE1 8AX

## **Newcastle Welfare Rights Service**

**Email:** [welfare.rights@newcastle.gov.uk](mailto:welfare.rights@newcastle.gov.uk)

**Website:** [www.newcastle.gov.uk/welfare/rights](http://www.newcastle.gov.uk/welfare/rights)

**Telephone:** 0191 277 2627

**Address:** \*\*POSTAL ADDRESS ONLY - No face-to-face advice is given here, NE7 7LX

## **Newcastle Council Housing Services**

**Email:** [council.housing@newcastle.gov.uk](mailto:council.housing@newcastle.gov.uk)

**Website:** <https://new.newcastle.gov.uk/housing/council-housing/>

**Telephone:** 0191 278 7878

**Address:** Newcastle City Council, NE7 7LX

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## Related Articles

[Needs Assessment with Adult Social Care](#)

[Introduction to Adult Social Care](#)

[Carers assessments with Adult Social Care](#)

[Support to prepare for work or a job](#)

[Supported living or housing services for people with a learning disability or autism](#)

[Mental Health](#)

[Learning disability local support services](#)

[Autism and local support services](#)

[Baby, children and young people's health](#)

[Personal budgets for care and support](#)

[Personal health budgets](#)

[Financial Assessments with Adult Social Care](#)

[Welfare benefits](#)

[Disability Living Allowance \(DLA\)](#)

[Personal Independence Payment \(PIP\)](#)