

## Families Matter

Families Matter is a Children's and Families hub. At the centre you can take part in activities, get information and support. They run:

- free baby massage, baby socials and breastfeeding support
- free activities for babies, children and young people
- [Action for Children](#) run family support sessions at the centre

This is part of [Children & Families Newcastle Early Help at Newcastle City Council](#).

Last updated: July 5, 2024

---

**Telephone:** 0191 214 2460

**Website:** <https://www.facebook.com/groups/1432363223656608>

**Email:** [newcastleinnerwestenquiries@newcastle.gov.uk](mailto:newcastleinnerwestenquiries@newcastle.gov.uk)

**Facebook:** <https://www.facebook.com/groups/1432363223656608>

**Address:**

Families Matter  
Lindfield Avenue  
Blakelaw  
Newcastle upon Tyne  
NE5 3PJ

---

## Related Articles

[Children's activities](#)

[Baby, children and young people's health](#)

[Community Centres and Hubs](#)