

## Action for ME

Action for M.E. is a UK charity for people with Myalgic Encephalomyelitis (M.E.).

Action for M.E.'s mission is empowering people with M.E. to fulfil their potential and secure the care and support they need, while working towards a greater understanding of the illness and ultimately a cure.

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**Opening Hours:** 9.00am-5.00pm Mon-Fri

**Cost:** Free

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