

Wellbeing Hubs

Wellbeing Hubs are warm welcoming place to spend time in Newcastle. Local venues, such as libraries and community centres, offer a range of support such as hot drinks, free wifi, place to charge your devices, information, advice and more.

You can watch videos for more information about Wellbeing Hubs in [Arabic](#), [Bengali](#) , [Cantonese](#) and [Urdu](#).

You can find a list of [Wellbeing Hubs open during December 2025 and January 2026 holidays here](#)

Wellbeing Hub finder

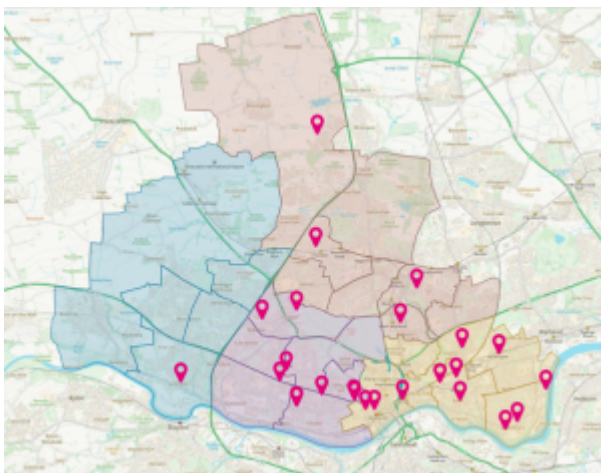
You can search for Wellbeing Hubs in your area:

Search for Wellbeing Hub organisations

Location:

Postcode:

Or view Wellbeing Hubs on our [Organisations Map](#). You can also view your nearest Hub by location or postcode on the map.



[You can find a list of Wellbeing Hubs in alphabetical order by name of the Hub here](#)

Once you're on a wellbeing Hubs page you can go to their contact details and use the 'find on google maps' button to plan your journey

Contact details

Organisation Type: Government	Address: 4th Floor Civic Centre Newcastle upon Tyne NE1 8QH
Main Telephone: 0191 277 8824 <i>Monday to Friday 9am to 5pm</i>	Find InformationNOW on Google Maps
Website: InformationNOW.org.uk	
Email: InformationNOW@newcastle.gov.uk	Last updated: September 30, 2024
Opening hours Website is available 24 hours a day, 7 days a week	
X Twitter	
f Facebook	
Cost: Free	

You can also find a full list of wellbeing hubs with contact details in the '[Useful Organisations](#)' box in the side tab or scroll to the end of this page.

Cost of living support

As the cost of energy, fuel and food rises, you may find it harder to pay your bills. Here's more information on support available and ways to save money on your living costs

Read more about [Cost of living help and support](#) and [keeping warm and well in winter](#).

Food help in Newcastle

You can read more on InformationNOW about where to find:

- [food banks](#) for emergency food parcels
- [free meals and low cost food](#)
- [food and friends](#) for community cafes, coffee morning and shared meals

Mental health support

Read more on InformationNOW about [local mental health support](#) including:

- [Counselling services](#)
- [online support services](#)
- [Telephone helplines](#)
- [support groups](#)
- [What to do in mental health crisis or emergency](#)

Search for Mental Health organisations

Location:

Postcode:

Where to get benefits advice

You can get benefits advice from a local independent service. They can help guide you through the application process and explain how some benefits may impact upon another. Services in Newcastle include:

- [Citizens Advice Newcastle \(CAN\)](#).
- [Newcastle Welfare Rights Service](#) have [self help material](#) on their website
- [Search Newcastle](#) give benefits advice to older people in the West of Newcastle
- [Disability North](#) give disability related benefit advice, help with appeals and representation at tribunals

Search for Benefits advice organisations

Location:

Postcode:

Become a Wellbeing Hub

If you are a community group, organisation or venue and would like to offer a warm welcome and a place for people to come together, you can register to become a wellbeing hub.

[Read more about becoming a Wellbeing Hub on Newcastle.gov.uk](#)

[Find out more about funding for Wellbeing Hubs on Newcastle.gov.uk](#)

[Apply to become a Wellbeing Hub on Newcastle.gov.uk](#)

Last updated: April 28, 2026

Useful Organisations

Wor Hoose Community Project

Email: liz.worhoose@hotmail.co.uk

Website: <https://worhoosecommunityproject.com/>

Telephone: 0191 2872885

Address: 31-33 Hexham Avenue, NE6 3AL

Streetwise Young People's Project – Everyturn Mental Health

Email: admin@streetwisenorth.org.uk

Website: www.streetwisenorth.org.uk

Telephone: 0191 230 5400

Address: Streetwise Everyturn, NE1 4XB

Newcastle Vision Support

Email: info@newcastlevisionsupport.org.uk

Website: <http://newcastlevisionsupport.org.uk/>

Telephone: 0191 232 7292

Address: Suite 1, 6th Floor West A, NE1 8AF

Disability North

Email: reception@disabilitynorth.org.uk

Website: www.disabilitynorth.org.uk

Telephone: 0191 2840480

Address: The Dene Centre, NE3 1PH

Healthworks

Email: enquiries@hwn.org.uk

Website: <https://www.healthworksne.org.uk/>

Telephone: 0191 272 4244

Address: Health Resource Centre, NE4 8BE

Reviving the Heart of the West End (RHWE)

Email: info@rhwe.org

Website: www.rhwe.org

Telephone: 0191 226 7979

Address: John Buddle Work Village, NE4 8AW

St. Vincent's Centre Newcastle

Email: stvincentsnewcastle@svp.org.uk

Website: <https://www.svp.org.uk/st-vincents-newcastle/>

Telephone: 0191 261 6027

Address: St Vincents Centre Newcastle, NE1 2TQ

Cornerstone Benwell

Email: cornerstonebenwell@gmail.com

Website: www.facebook.com/cornerstonebenwell

Telephone: 0191 226 0941

Address: 62 Armstrong Road, NE4 7TU

The Angelou Centre

Email: admin@angelou-centre.org.uk

Website: <http://angelou-centre.org.uk/>

Telephone: 0191 226 0394

Address: The Angelou Centre, NE4 5NR

Fenham Association of Residents (FAR) Community Centre

Email: farcentre@btconnect.com

Website: <http://www.farcentre.org.uk>

Telephone: 0191 274 9264

Address: 40 to 46 Acanthus Avenue, NE4 9YD

Building Futures East

Email: admin@buildingfutureseast.org

Website: <http://www.buildingfutureseast.org/>

Telephone: 0191 263 2752

Address: Low Yard, NE6 3PJ

Jesmond Library

Email: enquiries@jesmondlibrary.org

Website: <http://jesmondlibrary.org/>

Telephone: 0191 281 2385

Address: St. Georges Terrace, NE2 2DL

Alphabetti Theatre

Email: bar@alphabettitheatre.co.uk

Website: <https://www.alphabettitheatre.co.uk/>

Telephone: 0191 261 9125

Address: St James' Boulevard, NE1 4HP

Road to Recovery Trust @ George street social

Email: info@roadtorecoverytrust.org.uk

Website: <https://www.roadtorecoverytrust.org.uk/>

Telephone: 0191 691 0252

Address: 7 Summerhill Terrace, NE4 7JN

YMCA Newcastle

Email: enquiries@ymcanewcastle.com

Website: <https://ymcanewcastle.com/>

Telephone: 0191 275 9855

Address: YMCA, NE6 3AB

African Community Advice North East (ACANE)

Email: acane2003@hotmail.com

Telephone: 0191 265 8110

Address: 1 Raby Cross, NE6 2FF

St Anthony's Youth Education and Support (The Bostey)

Email: s.davidson@bostey.org.uk

Telephone: 0191234 7844

Address: The Bostey, NE6 3NG

Shieldfield Art Works (SAW)

Email: enquiries@saw-newcastle.org

Website: <http://saw-newcastle.org/>

Telephone: 0191 447 6811

Address: Shieldfield Art Works (Holy Biscuit), NE2 1YH

St Francis' Church High Heaton

Email: robert.lawrance@newcastle.anglican.org

Telephone: 0788 869 3850

Address: St Francis Church, NE7 7QH

Martha and Mary's

Email: e@screenmail.co.uk

Telephone: 0781 701 0846

Address: Martha and Mary's, NE6 5LN

Throckley Community Hall

Email: tch.ltd@tiscali.co.uk

Telephone: 0191 264 4075

Address: Back Victoria Terrace, NE15 9EL

Riverside Community Health Project at Carnegie Community Hub

Email: admin@riversidechp.org.uk

Website: <http://riversidechp.org.uk/>

Telephone: 0191 226 0754

Address: Carnegie Building, NE4 8XS

St Johns School

Email: admin@stjohns.newcastle.sch.uk

Website: <http://www.stjohns.newcastle.sch.uk/website/home/91244>

Telephone: 0191 273 5293

Address: St Johns Primary, NE4 8HE

North Benwell Youth Project

Email: nbyp1000@btconnect.com

Website: <https://www.northbenwellyouthproject.co.uk/>

Telephone: 0191 298 3201

Address: 80-84 Ellesmere Road, NE4 8TS

Church of God

Email: Church@micaiah.org.uk

Website: <https://couttsroad.wordpress.com/about/>

Telephone: 0791 752 5679

Address: The Church of God, NE6 4RB

Mary's Place

Email: marys.place@outlook.com

Website: <https://diocesehn.org.uk/services/>

Telephone: 0191 232 6953

Address: Mary's Place at The Mercy Hub, NE1 5HH

CICT Open Learning centre

Email: emilylam@cictlearning.org

Website: <https://cictlearning.org/>

Telephone: 0736 226 0164

Address: CICT Open Learning Centre, NE4 6UL

Heaton Road Surgery

Website: <https://heatonroadsurgery.nhs.uk/>

Telephone: 0191 265 5911

Address: 17-19 Heaton Road , NE6 1SA

Diversity Hub

Email: admin@divercityhub.co.uk

Telephone: 07711111602

Address: 120-126 Buckingham street, NE4 5QR

Action Foundation

Email: info@actionfoundation.org.uk

Website: www.actionfoundation.org.uk

Telephone: 0191 231 3113

Address: CastleGate, NE1 2JQ

Building Futures East Community hub @ Tree Top Village

Email: admin@buildingfutureseast.org

Website: <https://buildingfutureseast.org/>

Telephone: 0191 2632752

Address: Building Futures East, NE6 3NB

Healthworks – The Lemington Centre

Email: hwn@hwn.org.uk

Website: <http://www.healthworksnewcastle.org.uk/our-centres/lemington-centre/>

Telephone: 0191 264 1959

Address: The Lemington Centre, NE15 8RZ

Healthworks – The Health Resource Centre

Email: hwn@hwn.org.uk

Website: www.healthworksnewcastle.org.uk/our-centres/health-resource-centre

Telephone: 0191 272 4244

Address: Healthworks - The Health Resource Centre, NE4 8BE

Blakelaw Community Centre

Email: esme.reily@newcastlecat.org.uk

Website: <http://www.newcastlecat.org.uk/>

Telephone: 07804828355

Address: Newcastle Community Asset Trust, NE5 3PN

Fawdon Community Centre

Email: esme.reily@newcastlecat.org.uk

Website: <http://www.newcastlecat.org.uk/>

Telephone: 07804828355

Address: Fawdon Park Road, NE3 2PJ

ReCoCo: The Recovery College Collective

Email: info@recoverycoco.com

Website: <http://www.recoverycoco.com/>

Telephone: 0191 261 0948

Address: 1 Carlisl Square, NE1 6UF

Scotswood Garden

Email: office@sncg.org.uk

Website: <https://scotswoodgarden.org.uk/>

Telephone: 0191 275 0000

Address: Scotswood Garden, NE15 6TT

Search Newcastle Pop-in Centre Benwell

Email: info@searchnewcastle.org.uk

Website: <https://www.searchnewcastle.org.uk/>

Telephone: 0191 273 7443

Address: Search Newcastle Pop-in Centre, NE4 8BL

Trinity Church and Centre Gosforth

Email: office@trinitygosforth.org.uk

Website: <http://trinitygosforth.org.uk/>

Telephone: 0191 285 6130

Address: High Street, NE3 4AG

Walker and District Foodbank

Email: info@walkerdistrict.foodbank.org.uk

Website: <http://walkerdistrict.foodbank.org.uk/>

Telephone: 07561 711594

Address: 25 Church Walk, NE6 3DP

Walker Parish Church and centre

Email: walkerparishchurch@gmail.com

Website: www.walkerparishchurch.org.uk

Telephone: 0191 234 1414

Address: Walker Parish Church, NE6 3BS

Children North East

Email: families.admin@children-ne.org.uk

Website: www.children-ne.org.uk

Telephone: 0191 256 2444

Address: Children's North East, NE15 6QE

Company of Others

Email: community@companyofothers.org.uk

Website: <https://www.companyofothers.org.uk/>

Telephone: 0191 276 1524

Address: The Bricks c/o St. Anthony of Egypt Church, NE6 3SN

Families 1st 4 Additional Needs

Email: support@families1st.uk

Website: <https://www.families1st4additionalneeds.org/>

Telephone: 0191 217 0079

Address: Moirs Of Gosforth, Windsor House, NE13 7BA

Pottery Bank Community Centre Ltd

Email: info@potterybankcc.co.uk

Website: <http://new.potterybankcc.co.uk/>

Telephone: 0191 224 2349

Address: Yelverton Crescent, NE6 3SW

Search Newcastle

Email: info@searchnewcastle.org.uk

Website: www.searchnewcastle.org.uk

Telephone: 0191 273 7443

Address: Carnegie Building, NE4 8XS

St Martin's Centre

Email: info@stmartinscentre.org.uk

Website: <http://www.stmartinscentre.org.uk>

Telephone: 0191 276 4002

Address: St Martin's Centre, NE6 2RJ

George Street Social

Email: info@roadtorecoverytrust.org.uk

Website: <https://www.roadtorecoverytrust.org.uk/>

Telephone: 0191 691 5280

Address: George Street Social, NE4 7JN

West End Refugee Service (WERS)

Email: info@wers.org.uk

Website: www.wers.org.uk

Telephone: 0191 273 7482

Address: St Philip's Vicarage, NE4 5JE

Related Articles

[Cost of living support](#)

[Keeping warm and well in Winter](#)

[Help with energy problems and how to pay for them](#)

[Community Centres and Hubs](#)

[Hobbies](#)

[Food and Friends](#)

[Food banks and free emergency food in Newcastle](#)

[Free meals and affordable food in Newcastle](#)

[Mental Health](#)