

# **Wellbeing Hubs**

Wellbeing Hubs are warm welcoming place to spend time in Newcastle. Local venues, such as libraries and community centres, offer a range of support such as hot drinks, free wifi, place to charge your devices, information, advice and more.

You can watch videos for more information about Wellbeing Hubs in <u>Arabic, Bengali</u>, <u>Cantonese</u> and Urdu.

### Wellbeing Hub finder

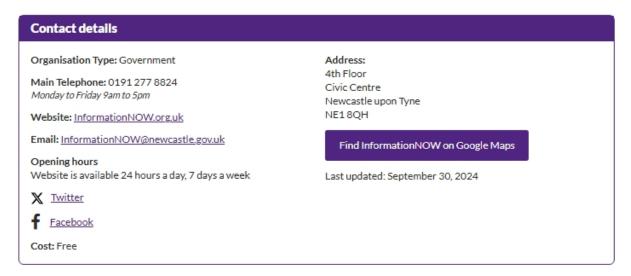
You can search for Wellbeing Hubs in your area:

# **Search for Wellbeing Hub organisations**

| Location | :  |  |  |
|----------|----|--|--|
| Postcod  | e: |  |  |
| Search   |    |  |  |

You can find a list of Wellbeing Hubs in alphabetical order by name of the Hub here

Once you're on a wellbeing Hubs page you can go to their contact details and use the 'find on google maps' button to plan your journey



You can also find a full list of wellbeing hubs with contact details in the '<u>Useful</u> Organisations' box in the side tab or scroll to the end of this page.

### **Cost of living support**

As the cost of energy, fuel and food rises, you may find it harder to pay your bills. Here's more information on support available and ways to save money on your living costs

Read more about Cost of living help and support and keeping warm and well in winter.

### Food help in Newcastle

You can read more on InformationNOW about where to find:

- food banks for emergency food parcels
- · free meals and low cost food
- · food and friends for community cafes, coffee morning and shared meals

### Mental health support

Read more on InformationNOW about local mental health support including:

- Counselling services
- online support services
- Telephone helplines
- support groups
- What to do in mental health crisis or emergency

# **Search for Mental Health organisations**

| Location: |  |
|-----------|--|
| Postcode: |  |
| Search    |  |

### Where to get benefits advice

You can get benefits advice from a local independent service. They can help guide you through the application process and explain how some benefits may impact upon another. Services in Newcastle include:

- Citizens Advice Newcastle (CAN).
- Newcastle Welfare Rights Service have self help material on their website
- Search Newcastle give benefits advice to older people in the West of Newcastle

• <u>Disability North</u> give disability related benefit advice, help with appeals and representation at tribunals

# **Search for Benefits advice organisations**

| Location: |  |
|-----------|--|
| Postcode: |  |
| Search    |  |

# **Become a Wellbeing Hub**

If you are a community group, organisation or venue and would like to offer a warm welcome and a place for people to come together, you can register to become a wellbeing hub.

Read more about becoming a Wellbeing Hub on Newcastle.gov.uk

Find out more about funding for Wellbeing Hubs on Newcastle.gov.uk

Apply to become a Wellbeing Hub on Newcastle.gov.uk

Last updated: May 8, 2025

# **Useful Organisations**

## **Wor Hoose Community Project**

**Email:** liz.worhoose@hotmail.co.uk

Website: https://worhoosecommunityproject.com/

**Telephone:** 0191 2872885

Address: 31-33 Hexham Avenue, NE6 3AL

### **Streetwise Young People's Project – Everyturn Mental Health**

**Email:** admin@streetwisenorth.org.uk

Website: www.streetwisenorth.org.uk

**Telephone:** 0191 230 5400

Address: Streetwise Everyturn, NE1 4XB

### **Newcastle Vision Support**

Email: info@newcastlevisionsupport.org.uk

Website: http://newcastlevisionsupport.org.uk/

**Telephone:** 0191 232 7292

Address: Suite 1, 6th Floor West A, NE1 8AF

### **Disability North**

Email: reception@disabilitynorth.org.uk

Website: www.disabilitynorth.org.uk

**Telephone:** 0191 2840480

Address: The Dene Centre, NE3 1PH

#### **Healthworks**

Email: enquiries@hwn.org.uk

Website: https://www.healthworksne.org.uk/

Telephone: 0191 272 4244

Address: Health Resource Centre, NE4 8BE

### **Reviving the Heart of the West End (RHWE)**

Email: info@rhwe.org

Website: www.rhwe.org

Telephone: 0191 226 7979

Address: John Buddle Work Village, NE4 8AW

#### St. Vincent's Centre Newcastle

Email: stvincentsnewcastle@svp.org.uk

Website: https://www.svp.org.uk/st-vincents-newcastle/

**Telephone:** 0191 261 6027

Address: St Vincents Centre Newcastle, NE1 2TQ

#### **Cornerstone Benwell**

Email: cornerstonebenwell@gmail.com

Website: www.facebook.com/cornerstonebenwell

Telephone: 0191 226 0941

Address: 62 Armstrong Road, NE4 7TU

### **The Angelou Centre**

Email: admin@angelou-centre.org.uk

Website: http://angelou-centre.org.uk/

**Telephone:** 0191 226 0394

Address: The Angelou Centre, NE4 5NR

### Fenham Association of Residents (FAR) Community Centre

Email: farcentre@btconnect.com

Website: http://www.farcentre.org.uk

**Telephone:** 0191 274 9264

Address: 40 to 46 Acanthus Avenue, NE4 9YD

## **Building Futures East**

Email: admin@buildingfutureseast.org

Website: http://www.buildingfutureseast.org/

**Telephone:** 0191 263 2752

Address: Low Yard, NE6 3PJ

### **Jesmond Library**

Email: enquiries@jesmondlibrary.org

Website: http://jesmondlibrary.org/

Telephone: 0191 281 2385

Address: St. Georges Terrace, NE2 2DL

### **Alphabetti Theatre**

**Email:** bar@alphabettitheatre.co.uk

Website: https://www.alphabettitheatre.co.uk/

**Telephone:** 0191 261 9125

Address: St James' Boulevard, NE1 4HP

### Road to Recovery Trust @ George street social

**Email:** info@roadtorecoverytrust.org.uk

Website: https://www.roadtorecoverytrust.org.uk/

**Telephone:** 0191 691 0252

Address: 7 Summerhill Terrace, NE4 7JN

#### **YMCA Newcastle**

**Email:** enquiries@ymcanewcastle.com

Website: https://ymcanewcastle.com/

**Telephone:** 0191 275 9855

Address: YMCA, NE6 3AB

### **African Community Advice North East (ACANE)**

Email: acane2003@hotmail.com

**Telephone:** 0191 265 8110

Address: 1 Raby Cross, NE6 2FF

# St Anthony's Youth Education and Support (The Bostey)

Email: s.davidson@bostey.org.uk

Telephone: 0191234 7844

Address: The Bostey, NE6 3NG

### **Shieldfield Art Works (SAW)**

Email: enquiries@saw-newcastle.org

Website: http://saw-newcastle.org/

Telephone: 0191 447 6811

Address: Shieldfield Art Works (Holy Biscuit), NE2 1YH

### St Francis' Church High Heaton

Email: robert.lawrance@newcastle.anglican.org

**Telephone:** 0788 869 3850

Address: St Francis Chuch, NE7 7QH

### Martha and Mary's

Email: e@screenmail.co.uk

**Telephone:** 0781 701 0846

Address: Martha and Mary's, NE6 5LN

### **Throckley Community Hall**

Email: tch.ltd@tiscali.co.uk

Telephone: 0191 264 4075

Address: Back Victoria Terrace, NE15 9EL

## Riverside Community Health Project at Carnegie Community Hub

Email: admin@riversidechp.org.uk

Website: http://riversidechp.org.uk/

**Telephone:** 0191 226 0754

Address: Carnegie Building, NE4 8XS

#### St Johns School

Email: admin@stjohns.newcastle.sch.uk

Website: http://www.stjohns.newcastle.sch.uk/website/home/91244

**Telephone:** 0191 273 5293

Address: St Johns Primary, NE4 8HE

### **North Benwell Youth Project**

Email: nbyp1000@btconnect.com

Website: https://www.northbenwellyouthproject.co.uk/

**Telephone:** 0191 298 3201

Address: 80-84 Ellesmere Road, NE4 8TS

#### **Church of God**

Email: Church@micaiah.org.uk

Website: https://couttsroad.wordpress.com/about/

Telephone: 0791 752 5679

Address: The Church of God, NE6 4RB

### **Mary's Place**

Email: marys.place@outlook.com

Website: https://diocesehn.org.uk/services/

**Telephone:** 0191 232 6953

Address: Mary's Place at The Mercy Hub, NE1 5HH

### **CICT Open Learning centre**

Email: emilylam@cictlearning.org

Website: https://cictlearning.org/

Telephone: 0736 226 0164

Address: CICT Open Learning Centre, NE4 6UL

### **Heaton Road Surgery**

Website: https://heatonroadsurgery.nhs.uk/

**Telephone:** 0191 265 5911

Address: 17-19 Heaton Road, NE6 1SA

### **Divercity Hub**

Email: admin@divercityhub.co.uk

**Telephone:** 07711111602

Address: 120-126 Buckingham street, NE4 5QR

#### **Action Foundation**

Email: info@actionfoundation.org.uk

Website: www.actionfoundation.org.uk

**Telephone:** 0191 231 3113

Address: CastleGate, NE1 2JQ

## **Building Futures East Community hub @ Tree Top Village**

Email: admin@buildingfutureseast.org

Website: https://buildingfutureseast.org/

**Telephone:** 0191 2632752

Address: Building Futures East, NE6 3NB

# **Healthworks – The Lemington Centre**

Email: hwn@hwn.org.uk

Website: http://www.healthworksnewcastle.org.uk/our-centres/lemington-centre/

**Telephone:** 0191 264 1959

Address: The Lemington Centre, NE15 8DE

#### Healthworks – The Health Resource Centre

Email: hwn@hwn.org.uk

Website: www.healthworksnewcastle.org.uk/our-centres/health-resource-centre

Telephone: 0191 272 4244

Address: Healthworks - The Health Resource Centre, NE4 8BE

### **Blakelaw Community Centre**

Email: esme.reily@newcastlecat.org.uk

Website: http://www.newcastlecat.org.uk/

Telephone: 07804828355

Address: Newcastle Community Asset Trust, NE5 3PN

### **Fawdon Community Centre**

Email: esme.reily@newcastlecat.org.uk

Website: http://www.newcastlecat.org.uk/

**Telephone:** 07804828355

Address: Fawdon Park Road, NE3 2PJ

### ReCoCo: The Recovery College Collective

Email: info@recoverycoco.com

Website: http://www.recoverycoco.com/

**Telephone:** 0191 261 0948

Address: 1 Carliol Square, NE1 6UF

#### **Scotswood Garden**

Email: office@sncg.org.uk

Website: https://scotswoodgarden.org.uk/

**Telephone:** 0191 275 0000

Address: Scotswood Garden, NE15 6TT

### **Search Newcastle Pop-in Centre Benwell**

Email: info@searchnewcastle.org.uk

Website: https://www.searchnewcastle.org.uk/

**Telephone:** 0191 273 7443

Address: Search Newcastle Pop-in Centre, NE4 8BL

### **Trinity Church and Centre Gosforth**

Email: office@trinitygosforth.org.uk

Website: <a href="http://trinitygosforth.org.uk/">http://trinitygosforth.org.uk/</a>

**Telephone:** 0191 285 6130

Address: High Street, NE3 4AG

### **Walker and District Foodbank**

Email: info@walkerdistrict.foodbank.org.uk

Website: http://walkerdistrict.foodbank.org.uk/

Telephone: 07561 711594

Address: 25 Church Walk, NE6 3DP

#### Walker Parish Church and centre

Email: walkerparishchurch@gmail.com

Website: www.walkerparishchurch.org.uk

Telephone: 0191 234 1414

Address: Walker Parish Church, NE6 3BS

#### **Children North East**

Email: families.admin@children-ne.org.uk

Website: www.children-ne.org.uk

Telephone: 0191 256 2444

Address: Children's North East, NE15 6QE

### **Company of Others**

Email: community@companyofothers.org.uk

Website: https://www.companyofothers.org.uk/

**Telephone:** 0191 276 1524

Address: The Bricks c/o St. Anthony of Egypt Church, NE6 3SN

#### **Families 1st 4 Additional Needs**

Email: support@families1st.uk

Website: https://www.families1st4additionalneeds.org/

Telephone: 0191 217 0079

Address: Moirs Of Gosforth, Windsor House, NE13 7BA

### **Pottery Bank Community Centre Ltd**

Email: info@potterybankcc.co.uk

Website: http://new.potterybankcc.co.uk/

**Telephone:** 0191 224 2349

Address: Yelverton Crescent, NE6 3SW

#### **Search Newcastle**

Email: info@searchnewcastle.org.uk

Website: www.searchnewcastle.org.uk

**Telephone:** 0191 273 7443

Address: Carnegie Building, NE4 8XS

#### St Martin's Centre

Email: info@stmartinscentre.org.uk

Website: http://www.stmartinscentre.org.uk

**Telephone:** 0191 276 4002

Address: St Martin's Centre, NE6 2RJ

### **George Street Social**

Email: info@roadtorecoverytrust.org.uk

Website: https://www.roadtorecoverytrust.org.uk/

**Telephone:** 0191 691 5280

Address: George Street Social, NE4 7JN

# **West End Refugee Service (WERS)**

Email: info@wers.org.uk

Website: www.wers.org.uk

**Telephone:** 0191 273 7482

Address: St Philip's Vicarage, NE4 5JE

## **Related Articles**

Cost of living support

Keeping warm and well in Winter

Help with energy problems and how to pay for them

Community Centres and Hubs

Hobbies

Food and Friends

Food banks and free emergency food in Newcastle

Free meals and affordable food in Newcastle

Mental Health