

Alzheimer's Society National Dementia Helpline

If you have concerns about Alzheimer's disease or about any other form of dementia, Alzheimer's Society National Dementia Helpline **0333 150 3456** can provide information, support, guidance and signposting to other appropriate organisations.

If you do not speak English, you can also call **0333 150 3456**. Say the name of the language you speak **in English** and hang up. An interpreter will call you back within 5 minutes.

If you have speech or hearing difficulties you can call **18001 0300 222 1122** for text-relay support.

Phone lines are open 9am to 8pm (Monday, Tuesday, Wednesday), 9am to 5pm (Thursday, Friday), 10am to 4pm (Saturday, Sunday)

Calls cost the standard UK network rate.

Last updated: June 22, 2026

Telephone 2: 03300947400

Telephone 2 note: Phone line for Welsh (Cymraeg) speakers

Telephone 3: 1800103002221122

Telephone note 3: Text-relay number

Website: <https://www.alzheimers.org.uk/get-support/dementia-support-line>

Helpline: 0333 150 3456

Dementia Support Line

Email: helpline@alzheimers.org.uk

Email 2: Denise.Black@alzheimers.org.uk

Twitter: <http://www.twitter.com/alzheimerssoc>

Facebook: <https://www.facebook.com/alzheimerssocietyuk?fref=ts>

Youtube: <http://www.youtube.com/user/AlzheimersSociety>

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