

NHS 0-19 health visiting and school health service

The NHS 0-19 team (also known as the health visiting and school health service) is an integrated service made up of locality teams of health visitors, health workers, community staff, nursery and public health school nurses. They support children and families with health needs and to be healthy.

All children and families in the North East and North Cumbria have the right to free help from health visitors or school nurses. They offer different support for children and families at different ages.

- [Health visiting for children and families 0-5 years old](#). They can support before the birth of you child (from 28 weeks of pregnancy) to 2 and a half years old at home and then support in schools and nursery
- [School health 5 to 11 years old](#). They support families and children from their Reception year onwards
- [School health 11 to 19 years old](#). They support families and young people throughout secondary school up to the age of 19.

They offer confidential weekly drop in sessions with a school nurse in Newcastle

NORTH

OUTER WEST

INNER WEST

EAST

• Kenton – Monday (lunchtime), B210, nurses room • Bridges – Thursday (lunchtime) Room opposite Wellbeing hub • Jesmond Park Academy – Wednesday (lunchtime), Wellbeing hub • St Marys – Monday (lunchtime), Meeting room 2 – wellbeing corridor • Gosforth Academy – Thursday (lunchtime), 37a student support hub	• Walbottle – Wednesday (lunchtime), Intervention room in the Bridge • Mary Astell – Tuesday (9.30am – 11am), School Nurse room in the Hub • Studio West – Tuesday (lunchtime), Room 2.19 • Callerton – Monday (lunchtime), Main reception meeting room	• St Cuthberts – Monday (lunchtime), Gonzaga room • Oakfield – Tuesday (lunchtime), First aid room • Excelsior – Wednesday (lunchtime), Room L360 • Sacred Heart – Thursday (lunchtime), Meeting room 3 – by the dance studio	• Benfield – Tuesday (lunchtime), School Nurse room • Walker Riverside – Wednesday (lunchtime), Wellbeing room • North East Futures UTC – Thursday (lunchtime), 001
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Last updated: June 25, 2025

Telephone: 0191 282 3319

Website: <https://www.newcastle-hospitals.nhs.uk/services/0-19-service/>

Email: nuth.newcastle0-19service@nhs.net

Cost: Free

Related Articles

[Support for Asylum Seekers and Refugees](#)

[Help to use health services for refugees and asylum seekers](#)