

NHS 0-19 health visiting and school health service

The NHS 0-19 team (also known as the health visiting and school health service) is an integrated service made up of locality teams of health visitors, health workers, community staff, nursery and public health school nurses. They support children and families with health needs and to be healthy.

All children and families in the North East and North Cumbria have the right to free help from health visitors or school nurses. They offer different support for children and families at different ages.

- Health visiting for children and families 0-5 years old. They can support before the birth of you child (from 28 weeks of pregnancy) to 2 and a half years old at home and then support in schools and nursery
- School health 5 to 11 years old. They support?families and children from their Reception year onwards
- School health 11 to 19 years old. They support families and young people throughout secondary school up to the age of 19.

They offer confidential weekly drop in sessions with a school nurse in Newcastle

NORTH	OUTER WEST	INNER WEST	EAST

- Kenton –
 Monday
 (lunchtime)
 B210, nurses
 room
- Bridges –
 Thursday (lunchtime)
 Room opposite
 Wellbeing hub
- Jesmond Park
 Academy –
 Wednesday
 (lunchtime),
 Wellbeing hub
- St Marys –
 Monday
 (lunchtime),
 Meeting room 2
 wellbeing
 corridor
- Gosforth
 Academy –
 Thursday
 (lunchtime), 37a
 student support
 hub

- Walbottle –
 Wednesday
 (lunchtime),
 Intervention
 room in the
 Bridge
- Mary Astell –
 Tuesday
 (9.30am –
 11am), School
 Nurse room in
 the Hub
- Studio West Tuesday (lunchtime), Room 2.19
- Callerton –
 Monday
 (lunchtime),
 Main reception
 meeting room

- St Cuthberts –
 Monday
 (lunchtime),
 Gonzaga room
- Oakfield –
 Tuesday
 (lunchtime), First aid room
- Excelsior Wednesday (lunchtime), Room L360
- Sacred Heart –
 Thursday
 (lunchtime),
 Meeting room 3
 – by the dance
 studio

- Benfield –
 Tuesday
 (lunchtime),
 School Nurse
 room
- Walker
 Riverside –
 Wednesday
 (lunchtime),
 Wellbeing room
- North East Futures UTC— Thursday (lunchtime), 001

Last updated: June 25, 2025

Telephone: 0191 282 3319

Website: https://www.newcastle-hospitals.nhs.uk/services/0-19-service/

Email: nuth.newcastle0-19service@nhs.net

Cost: Free

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