

## Buy the Kilo

Buy the Kilo is a sustainable plastic free refill shop selling dried foods, tea and coffee, household cleaning products and toiletries.

They also have an art gallery space in their shop that works with artists in the community on art that highlights environmental and plastic free themes.

Last updated: April 16, 2025

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**Website:** <https://buy-the-kilo.com/>

**Email:** [hello@buy-the-kilo.com](mailto:hello@buy-the-kilo.com)

**Twitter:** [https://twitter.com/Buy\\_The\\_Kilo](https://twitter.com/Buy_The_Kilo)

**Facebook:** <https://www.facebook.com/buythekilo>

**Opening Hours:** Thursday and Friday 10am to 4:30pm  
Saturday 10am to 3pm  
Sunday 10am to 2pm

**Address:**  
No 3 The Sidings  
Tynemouth Metro Station  
North Shields  
NE30 2TF