

## Ageing Without Limits - Creative Workshop

### CELEBRATE AGE WITHOUT LIMITS DAY

This workshop celebrates growing older as a joyful time to have fun, share your wisdom, and continue making a meaningful difference.

Please join the Elders Council of Newcastle for fun and laughter as we work with artist Sharon Bailey to create images to show that we can age without limits!

Book your place now: ? phone: 0191 2082701 or email: [info@elderscouncil.org.uk](mailto:info@elderscouncil.org.uk)

(Free – Limited Spaces, Booking Essential)

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