

The Bread and Butter Thing – Whitley Bay

The Bread and Butter Thing (TBBT) Whitley Bay is an affordable food club that offers nutritious low cost weekly shopping bags. The bags are made up of fruit and veg, fridge and cupboard staples donated from high street supermarkets, food manufacturers and farmers that would otherwise go to waste

No referral is needed and there are no eligibility criteria; everyone is welcome.

To start shopping, you need to sign up as a member, everyone is welcome and there's no fee:

1. Text 07507237311 with your full name, postcode and the the name of the hub you will be collecting from – Whitley Bay. You'll then get weekly texts.
2. Book your food club order in advance
3. Collect and pay for your goods at Whitley Bay Young People's Centre every Thursday between 1:30pm to 2pm

Last updated: March 17, 2026

Website: <https://www.breadandbutterthing.org/>

Email: hello@breadandbutterthing.org

Twitter: www.x.com/teamtbbt

Opening Hours: Every Monday 2.00-2.30pm

Cost: There may be a cost to this service/support

Address:

Whitley Bay Young People's Centre
Hillheads Road
Whitley Bay
Tyne and Wear
NE25 8HR,