

The Bread and Butter Thing – Silksworth

The Bread and Butter Thing (TBBT) Silksworth is an affordable food club that offers nutritious low cost weekly shopping bags. The bags are made up of fruit and veg, fridge and cupboard staples donated from high street supermarkets, food manufacturers and farmers that would otherwise go to waste

No referral is needed and there are no eligibility criteria; everyone is welcome.

To start shopping, you need to sign up as a member, everyone is welcome and there's no fee:

1. Text 07507237311 with your full name, postcode and the the name of the hub you will be collecting from – Silksworth. You'll then get weekly texts.
2. Book your food club order in advance
3. Collect and pay for your goods at at Silksworth every Tuesday between 2pm to 2:30pm

Last updated: March 17, 2026

Website: <https://www.breadandbutterthing.org/>

Email: hello@breadandbutterthing.org

Twitter: www.x.com/teamtbbt

Opening Hours: Every Tuesday 2.00-2.30pm

Address:
Silksworth Youth and Community Centre
Tunstall Village Road
SR3 2BB