

Discovery Nights: Unplugged

An after-hours event at Discovery Museum. Ditch your phone and enjoy a chilled-out evening of mindful activities in a digital detox featuring mini meditations, book swaps, crafting with nature, object sketching, quizzes, storytelling, a chance to see new acquisitions at Tyne & Wear Archives – and a bar.

Featuring

- New archive material on show in Tyne & Wear Archives
- Mini meditations with Jodie from Breathe
- Second Chance Book Exchange – give your books a second life at our cosy book swap
- Play Retro board games – fancy a round of Buckaroo, Connect 4, or Dominoes?
- [The Amateur Ancestor](#), Justine Boussard, as she shares a short story of the journey through time and place of a tiny seed.
- Pub-style quiz with comedian Si Beckwith
- Self-led sketching – sit and draw an historic item of clothing
- Try your hand at embroidery
- Mindful crafting with Nature Makers to make your own Mindful Mandala using locally collected sea glass.

Part of the [Steam to Green: A North East Energy Revolution](#) adult event programme.

Cost: £10

Last updated: June 9, 2025