

## Age UK North Tyneside

Age UK North Tyneside is a local charity offering a wide range of services to older adults living in North Tyneside

Their services include:

- Admiral nurse service for people living with dementia and their carers. They are based at the Memory Clinic at North Tyneside General Hospital
- Befriending
- Dementia activities and groups such as cuppa club, singalong memories, Maintenance Cognitive Stimulation Therapy (MCST) activities
- Dementia Care service (ran by [EveryDay](#))
- Homecare service Everyday Care & Support (ran by [EveryDay](#))
- Information and advice
- Respite care and wellbeing centres (ran by [EveryDay](#))
- Social groups and activities such as fitness, sports, singing, arts and crafts and social group

Please note: ?To use the Admiral nurse service a person living with dementia must live in Newcastle or North Tyneside or have a GP in Newcastle or North Tyneside. a Carer must be supporting someone who has a formal diagnosis of dementia or is in the process with a memory service.

Last updated: July 3, 2025

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**Telephone:** 0191 280 8484

**Website:** <https://www.ageuk.org.uk/northtyneside/>

**Email:** [enquiries@ageuknorthtyneside.org.uk](mailto:enquiries@ageuknorthtyneside.org.uk)

**Facebook:** <https://www.facebook.com/ageuknorthtyneside/>

**Youtube:** <https://www.youtube.com/@ageuknorthtyneside>

**Opening Hours:** 9am to 4.30pm, Monday to Friday

**Address:**

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Bradbury Centre  
13 Saville Street Wes

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