

## Hope Support Services

Charity providing support for children and young people aged 5-25 who have a loved one with a serious illness, such as cancer. They offer free, online, confidential 1:1 support sessions and peer-support groups. The support is available from the moment of receiving the diagnosis for however long it's needed.

To refer a young person, follow this link: [Refer somebody to Hope – Hope Support Services](#)

Last updated: July 7, 2025

---

**Telephone:** 01989 566317

**Website:** <https://hopesupport.org.uk/>

**Email:** [help@hopesupport.org.uk](mailto:help@hopesupport.org.uk)

**Facebook:** <https://www.facebook.com/hopesupport>

**Youtube:** <https://www.youtube.com/@hopesupport>

**Opening Hours:** Office opening hours:  
Mon-Fri 9am - 5 pm.

**Cost:** Free

**Address:**  
Hope Support Services  
Overross House  
Ross Park Ross-On-Wye Herefordshire  
HR9 7US