Healthworks - The Lemington Centre

The Lemington Centre offers a range of health, wellbeing and fitness activities for people of all ages. The centre has:

- small gym and sports hall with a range of classes
- family activities
- Healthworks Pre-school
- health and wellbeing programmes
- falls prevention classes
- gentle exercise to help recover from illness or injury
- Useful Vision support for children with visual impairment and their families
- support groups such as diabetes
- health checks
- community garden
- meeting and training space to hire
- on site café for light meals, snacks and refreshments ran by Maximo's Deli
- volunteering opportunities

At the centre there are: accessible toilets, baby changing facilities, a lift, tea and coffee making facilities, free parking next to the centre, changing rooms with showers.

This service is ran by Healthworks.

Healthworks at the Lemington Centre is a Good Things Foundation digital inclusion hub

This is a designated **Safe Reporting Centre** where people can report **hate crime** or hate incidents without having to contact the Police directly.

> Healthworks at the Lemington Centre is a Wellbeing Hub. They're a warm welcoming place to spend time in Newcastle. They offer a range of support such as hot drinks, free Wi-Fi, place to charge your devices, information, advice and more. Read more about **Wellbeing Hubs**
>
> Wellbeing Hub open Monday to Friday 8am to 8pm, Saturday 9am to 1pm.

polling station

Last updated: April 24, 2026

Telephone: 0191 264 1959

Telephone 2: 0191 272 4244

Telephone 2 note: Maximo's Deli

Website: http://www.healthworksnewcastle.org.uk/our-centres/lemington-centre/

Email: hwn@hwn.org.uk

Opening Hours: Lemington Centre open, Monday to Friday, 8am to 8pm
Saturday 9am to 1pm
Café open, Monday to Friday, 9am to 3pm

Cost: There may be a cost to this service/support

Address:
The Lemington Centre
Tyneview
Newcastle upon Tyne
NE15 8RZ

Related Articles

Walk-in centres (Urgent Treatment Centres)

Leisure Centres in Newcastle

Food and Friends

Community Centres and Hubs

Hate crime

Support for Asylum Seekers and Refugees

Wellbeing Hubs

Fitness Activities

Baby, children and young people’s health

Children’s activities

Polling Stations

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