

Healthworks - The Lemington Centre

The Lemington Centre offers a range of health, wellbeing and fitness activities for people of all ages. The centre has:

- small gym and sports hall with a range of classes
- family activities
- Healthworks Pre-school
- health and wellbeing programmes
- falls prevention classes
- gentle exercise to help recover from illness or injury
- Useful Vision support for children with visual impairment and their families
- support groups such as diabetes
- health checks
- community garden
- meeting and training space to hire
- on site café for light meals, snacks and refreshments ran by Maximo's Deli
- volunteering opportunities

At the centre there are: accessible toilets, baby changing facilities, a lift, tea and coffee making facilities, free parking next to the centre, changing rooms with showers.

This service is ran by [Healthworks](#).

Healthworks at the Lemington Centre is a [Good Things Foundation digital inclusion hub](#)

This is a designated [Safe Reporting Centre](#) where people can report [hate crime](#) or hate incidents without having to contact the Police directly.

Healthworks at the Lemington Centre is a Wellbeing Hub. They're a warm welcoming place to spend time in Newcastle. They offer a range of support such as hot drinks, free Wi-Fi, place to charge your devices, information, advice and more. Read more about [Wellbeing Hubs](#)

Wellbeing Hub open Monday to Friday 8am to 8pm, Saturday 9am to 1pm.

polling station

Last updated: April 24, 2026

Telephone: 0191 264 1959

Telephone 2: 0191 272 4244

Telephone 2 note: Maximo's Deli

Website: <http://www.healthworksnewcastle.org.uk/our-centres/lemington-centre/>

Email: hwn@hwn.org.uk

Opening Hours: Lemington Centre open, Monday to Friday, 8am to 8pm
Saturday 9am to 1pm
Café open, Monday to Friday, 9am to 3pm

Cost: There may be a cost to this service/support

Address:

The Lemington Centre
Tyneview
Newcastle upon Tyne
NE15 8RZ

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