Information NOW
Information for people in Newcastle upon Tyne

Newcastle Trampoline Park and Gym

Newcastle trampoline park and gym offer a offer a wide range of activities for people of all ages

Their fitness gym includes:

- a woman only gym area
- junior gym sessions
- group exercise classes for all abilities

Newcastle Trampoline park has family activities available such as Soft Play, Trampoline Park, Cafe and birthday party packages for children of all ages. They offer a health referral programme in partnership with local GP surgeries

They have a Warm Space for anyone who may need one. It includes a warm welcome, free Wi-Fi, hot drink, biscuit, music, and hot shower if needed. The warm space is open every week day from 10am to 3pm.

View Newcastle Trampoline Park and Gym timetable of activities and book online here

This venue has accessible parking, toilet & changing facilities.

Last updated: January 31, 2025

Telephone: 0191 260 0508

Telephone 2: 07483017593

Website: https://www.better.org.uk/leisure-centre/newcastle/trampoline-gym

Email: Newcastle.TrampolineGym@GLL.ORG

Opening Hours: Monday to Friday: 6:30am to 9pm
Saturday: 8:45am to 5pm
Sunday: 8:45am to 4pm

Cost: There may be a cost to this service/support

Address:
Newcastle Trampoline Park and Gym
West Road
Newcastle upon Tyne

NE4 9LG

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