

Rainbow Care Twilight Tea

Twilight Tea is a relaxed, social event for people living with dementia and their carers.

It's a chance to enjoy light snacks, tea/coffee, cake, and conversation in a warm, welcoming space. There'll be activities, friendly faces, and time to connect with others who understand the journey.

Whether you're looking for a gentle outing, some company, or a supportive environment, this is a lovely way to wind down the day together.

Last updated: July 14, 2025