Information NOW
Information for people in Newcastle upon Tyne

End of Life Doula UK

End of Life Doula UK is a national membership organisation that helps people who have a terminal diagnosis or are near the end of their life as well as their families. Their trained companions, called doulas, give support in many ways:

- **Emotional support:** Doulas sit with people, talk to them, and help them feel calm and safe.
- **Speaking Up:** They make sure the person's wishes are heard and respected.
- **Help with planning ahead:** Doulas can help with paperwork such as advance plans, legacy plans, and organising other services.
- **Companionship:** They keep people company and support them so they don't feel alone.
- **Support After Death:** Doulas help families with what to do after someone dies, like caring for the body or planning a funeral. Some doulas are also Funeral Celebrants and can help with ceremonies.

All doulas have have completed training Living Well Dying Well programme.

The first phone call to discuss support is free. After this some doulas work for free, and some may charge a fee.

Last updated: July 25, 2025

Telephone: 01137 339100

Website: https://www.eol-doula.uk

Email: referrals@eol-doula.uk

Twitter: eoldoulauk.bsky.social

Facebook: facebook.com/EndofLifeDoulaUK

Youtube: youtube.com/@EoLDoulaUK

Cost: There may be a cost to this service/support

Address:
66 High Street
Lewes
BN71XG

Related Articles

End of life care

Planning Ahead: a guide