

## **Jesmond Pool and Gym**

Jesmond Pool and Gym is a charitable organisation, run by local people. Facilities include:

- · a swimming pool
- two gyms
- · an activity room
- a sauna and steam room.

For further information and a full list of the fitness classes, pool timetable, as well as space hire and prices, see their website. A full range of classes and sessions in the pool and gym are now available. If you need any advice, telephone reception.

Last updated: January 31, 2025

**Telephone:** 0191 281 2482

Website: http://jesmondpool.online

Email: info@jesmondpool.online

Twitter: https://twitter.com/JesmondPool1

Facebook: https://www.facebook.com/JesmondCommunityLeisure

Opening Hours: 7 am to 10 pm Monday to Friday

8 am to 8 pm Saturday and Sunday.

**Cost:** There may be a cost to this service/support

## Address:

St Georges Terrace Jesmond Newcastle upon Tyne NE2 2DL

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