

Jesmond Pool and Gym

Jesmond Pool and Gym is a charitable organisation, run by local people. Facilities include:

- a swimming pool
- two gyms
- an activity room
- a sauna and steam room.

For further information and a full list of the fitness classes, pool timetable, as well as space hire and prices, see their website. A full range of classes and sessions in the pool and gym are now available. If you need any advice, telephone reception.

Last updated: January 31, 2025

Telephone: 0191 281 2482

Website: <http://jesmondpool.online>

Email: info@jesmondpool.online

Twitter: <https://twitter.com/JesmondPool1>

Facebook: <https://www.facebook.com/JesmondCommunityLeisure>

Opening Hours: 7 am to 10 pm Monday to Friday
8 am to 8 pm Saturday and Sunday.

Cost: There may be a cost to this service/support

Address:
St Georges Terrace
Jesmond
Newcastle upon Tyne
NE2 2DL

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