

Body Image Fitness

Body Image Fitness is an inclusive gym for people who want to exercise without the pressures of diet culture.

They run a variety of classes including:

- Small group training
- Personal training
- Boxfit
- Yoga
- Weightlifting
- Circuit training

Last updated: August 19, 2025

Telephone: 0783 594 8185

Website: <https://bodyimagefitness.co.uk/>

Email: info@bodyimagefitness.co.uk

Facebook: <https://www.facebook.com/profile.php?id=61566209007603>

Cost: There may be a cost to this service/support

Address:

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