NHS

NHS.UK (previously NHS Choices and NHS Direct) is a website that:

- provides information on health conditions and medicines
- has an online symptom checker
- has a facility for searching for services near you
- has advice and tips in the Live Well section to help you make the best choices about your health and wellbeing
- connects to a range of online communities
- brings the latest health news and awareness campaigns

Please call the direct helpline **NHS 111** for health enquiries.

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Website: www.nhs.uk

Twitter: https://twitter.com/NHSuk

Facebook: https://www.facebook.com/NHSwebsite/

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Parkinson's Disease

Shingles

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Heart disease

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Depression

Pharmacy (or Chemists)

Interpreting and translation

Heatstroke

Urgent medical help from NHS 111

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Benefits of being physically active

Taking a short break or holiday

Support for addictions and harmful behaviours

Help with health costs

Dealing with debt

ME (or Chronic Fatigue Syndrome)

Paying for Adult Social Care

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How to use your GP surgery well

Your Doctor or GP

Mental Health

Getting to hospital

Introduction to First Aid

Being diagnosed

Heart Attacks

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Baby, children and young people’s health

Healthy eating and drinking