

National Rheumatoid Arthritis Society (NRAS)

National Rheumatoid Arthritis Society (NRAS) has a freephone helpline that can answer your queries on any aspect of living with rheumatoid arthritis from medications and procedures, to being newly diagnosed or struggling with claiming benefits. They offer:

- free information booklets on living with rheumatoid arthritis
- an active online community
- Health Unlocked peer to peer support
- regular patient groups where you can meet others going through the same experiences. The North East NRAS Group meet for coffee on the 2nd Wednesday of each month at 11.00am in the café, Laing Art Gallery. Contact them for more information.

Last updated: October 21, 2022

Telephone: 01628 823 524

Telephone note: Enquiries

Website: www.nras.org.uk

Helpline: 0800 298 7650

Freephone open Monday to Friday 9.30am to 4.30pm

Mobile: 07521 762387

Email: helpline@nras.org.uk

Twitter: https://twitter.com/NRAS_UK

Facebook: <https://www.facebook.com/nationalrheumatoidarthritisociety>

Youtube: <https://www.youtube.com/user/NRASociety>

Cost: Free

Address:

4 The Switchback
Gardner Road

Maidenhead
SL6 7RJ

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