

Diabetes UK Local Support (North)

Diabetes North is the local support service. The run:

- **Peer support groups:** You can meet other people with diabetes to talk, get information and support. [The local group is in Gateshead](#). There are also groups in South Tyneside and Bedlington. It's free to take part. Anybody interested in diabetes is welcome.
- Facebook support group [Diabetes UK Chat: Your Friends in the North](#)
- online information resources

They can also help with information talks for your community group, workplace or faith group. Information stands at community events. They also fundraise and campaign to raise awareness of diabetes.

Diabetes UK (North) are part of the national charity [Diabetes UK](#).

Last updated: December 20, 2024

Telephone: 0780 138 8237

Website: https://www.diabetes.org.uk/how_we_help/local_support_groups

Helpline: 0345 123 2399

National Diabetes Helpline

Email: hannah.morrow@diabetes.org.uk

Website 2: <https://gateshead.diabetesukgroup.org/>

Facebook: <https://www.facebook.com/groups/193410685443622/permalink/473582404093114>

Youtube: <https://www.youtube.com/@diabetesuk>

Cost: Free

Address:

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