Mental Health Matters

Mental Health matters offer four services in the Newcastle area:

Newcastle Registered Care Housing

This is a residential care service for people with mental health needs that provides a safe and supportive environment where people can progress with their recovery and develop the skills that they need to live independently.

Newcastle Supported Housing

The aim of this service is to support people who have mental health needs and are in need of a place to live, to move into temporary housing for a period of up to two years and be supported there.

Employment Matters Newcastle

Newcastle Employment Matters is a Specialist Employment Support service that is personalised to suit your individual needs. They deliver employment support through a bespoke service model.
.

Make Your Move Employment Support

Make Your Move is a specialist employment support service that provides people aged 18+ with all the support and guidance they need to help them find and stay in stable, paid employment.

Email: **makeyourmove@mhm.org.uk**

Last updated: September 15, 2021

Telephone: 0191 273 4614

Telephone note: Newcastle Registered Care Housing

Telephone 2: 0300 323 0083

Telephone 2 note: Newcastle Supported Housing

Telephone 3: 079 125 80840 or 079 907 90918

Telephone note 3: Employment Matters

Website: www.mhm.org.uk

Helpline: 0191 516 3500

Email: info@mhm.org.uk

Twitter: https://twitter.com/MHM_Info

Cost: Free

Address:
MHM Central Office, Avalon House
Sunderland Enterprise Park
Sunderland
SR5 3XJ

Related Articles

Mental health emergency or crisis services

Schizophrenia

Mental Health

Care homes in Newcastle

Choosing a care home

Looking for a job or work

Support to prepare for work or a job

10 Tips for good health