

Hand in Hand

Hand in Hand is a Project of the Newcastle Central & East Circuit of the Methodist Church, working with the socially isolated elderly and those at risk of becoming socially isolated in Heaton and Wallsend with the help of volunteers. All of their clubs are held weekly and provide a safe place where people can socialise, encouraging integration and inclusion. The clubs are for men and women aged 65 and over.

Their services include:

- **Wallsend Lunch Club** meets at Trinity Church, Station Road, Wallsend NE28 8SA on Tuesdays from 12 noon to 2.30pm.

Last updated: February 28, 2025

Website: www.handinhandproject.org.uk

Email: admin@handinhandproject.org.uk

Facebook: <https://www.facebook.com/pages/Hand-in-Hand-enriching-the-lives-of-the-elderly/155962107785654?fref=ts>

Cost: There may be a cost to this service/support

Address:

Trinity Methodist Church
Station Road
Wallsend
NE28 8SA

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