

'Cooking on a Budget' Adult Cooking Classes

Relaxed and informal classes for people new or experienced in cooking. Learn new skills and ways to save money. Ran as a 6 week course

- Use food produce from allotments and local supermarkets.
- Recipes suitable for air fryers or slow cookers to reduce energy usage and save money.
- Participants receive a take-home cooking gift upon course completion

Last updated: October 17, 2025