

## KeyRing

KeyRing supports people in the East and West of Newcastle. They help vulnerable adults, older people and people with a learning disability or autism to live in their own home and community. They help people to take part in their community. You can get to know other people who also get help from KeyRing, your network, and share skills, make connections and stay safe within their community.

The support is flexible and tailored to your needs. It can include:

- weekly one-to-one support and regular drop in sessions
- practical help such as: writing letters, bills and managing utilities, benefit claims and reassessments
- help to take part in social, leisure, learning and cultural activities with other members
- help to take part in work or volunteering opportunities
- help to make friends and social groups
- 24 hour telephone service and reminder service

**KeyRing is commissioned by Newcastle City Council.**

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[Finding friends and Befriending services](#)

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[Learning disability local support services](#)

[Supported living or housing services for people with a learning disability or autism](#)