

Mobilise Mini:LIVE Carer Chats - Making the most of our money

Carer Chats are short, live-streamed conversations about the things that matter most to us as unpaid carers – **this little series will focus on how we feel as we head into the colder months and spend more time indoors.**

Each chat is 20 minutes, with two of the Mobilise Carer Support Team and a fellow carer (a Mobiliser) sharing honest experiences, tips, and laughs along the way.

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