

## Cornerstone Benwell

Cornerstone Benwell is a Community Centre on Armstrong Road in Benwell.

There's a range of services and activities. This includes:

- Preloved Clothing and Homeware Shop open Wednesdays between 9am to 12pm. All items are 50p or £1. This shop is outside and doesn't open in bad weather. Check their Facebook page for updates
- [Benwell Bridge Community Pantry](#) open every Wednesday from 9am to 12pm. Membership required. Customers can buy 10 items for £3.00.
- [Corner Kitchen Community café](#) open Wednesdays between 9am and 2pm. Serving very low cost food.
- Free craft and cookery courses to support mental health. Contact them for more information.
- The Welcome Project – Weekly activity group for adults with Learning Disabilities. Every Monday at 1pm. Please email for more information.
- Schools Outreach
- Computer access and support
- Woodwork for people with dementia or memory loss

All welcome! Cornerstone is a designated [Safe Place](#) for people with learning disabilities.

Cornerstone is a Wellbeing Hub. They're a warm welcoming place to spend time in Newcastle. They offer a range of support such as hot drinks, free Wi-Fi, place to charge your devices, information, advice and more. Read more about [Wellbeing Hubs](#)

Wellbeing Hub open: Monday 9.30am to 8pm, Tuesday 10am-2pm, Wednesday 9am-2pm; Thursday 10am-2pm, Saturday 10am-12pm

Last updated: December 18, 2025

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**Telephone:** 0191 226 0941

**Website:** [www.facebook.com/cornerstonebenwell](http://www.facebook.com/cornerstonebenwell)

**Email:** [cornerstonebenwell@gmail.com](mailto:cornerstonebenwell@gmail.com)

**Facebook:** <https://www.facebook.com/cornerstonebenwell>

**Opening Hours:** Monday and Tuesday: 10am to 2:30pm  
Wednesday and Thursday: 10am to 2pm

**Cost:** There may be a cost to this service/support

**Address:**

62 Armstrong Road  
Newcastle upon Tyne  
NE4 7TU

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## Related Articles

[Learning disability local support services](#)

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[Community Centres and Hubs](#)

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[Warm spaces and places in Newcastle](#)

[Help with clothing](#)

[Dementia](#)

[Dementia Friendly Newcastle](#)

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[Christmas and New Year holiday opening times for support services](#)

[Practical help to move home](#)

[Wellbeing Hubs](#)