InformationNOW
Information for people in Newcastle upon Tyne

The Comfrey Project

The Comfrey Project works with refugees and asylum seekers on allotment sites across Newcastle and Gateshead with the aim of improving their conditions of life and general wellbeing.

Community Garden Sessions, using nature-based activities to improve people's wellbeing.

Language and Skills Café, people have the opportunity to practice their language and communication skills

CultureHub drop-in sessions where people take part in a diverse range of creative activities.

Grounding Programme a 6 week group programme focusing on nature, gardening, confidence building and wellbeing.

Last updated: January 31, 2025

Telephone: 0191 447 7801

Website: www.thecomfreyproject.org.uk

Email: info@thecomfreyproject.org.uk

Twitter: https://twitter.com/ComfreyProject

Facebook: https://www.facebook.com/pages/The-Comfrey-Project/138991299508484

Opening Hours: By appointment

Cost: Free

Address:
Windmill Hills Centre
Chester Place
Gateshead
NE8 1QB

Related Articles

Support for Asylum Seekers and Refugees

Gardening and Health

Health information for families with children aged between 0-19 years old

Help to use health services for refugees and asylum seekers