

Dementia Cafe

The Dementia Cafe is a relaxed social event where people living with dementia and their carers can spend time together in a friendly setting. At each session, people can enjoy conversation, light activities and refreshments, and get informal support from staff and volunteers. The cafe is good for people with dementia and the people who care for them. People may want to attend to meet others in similar situations, reduce social isolation and take part in a supportive, dementia-friendly environment.

The Dementia Cafe costs £7.50 per family, including all refreshments and activities and is not open on Bank Holidays.

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