

Become a Dementia Friend

Join us for a free Dementia Friends Session. During this friendly and interactive session, you'll learn more about dementia, how it affects a person, and what you can do to help people affected by dementia in your community.

Please meet outside the Weigh House on Alley 2, Grainger Market, 10 minutes before start.

You can book your session online at www.dementiafriends.org.uk/WebSession

Or call Rachel on 07707 176438

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