

Dementia Advice and Advocacy

Dementia Advice and Advocacy provides practical support to help people understand and access health and social care services. Staff offer clear information about services such as GP support, memory services, social care assessments, benefits and community support, and can help people understand their options and next steps.

The service is for people living with dementia, their carers and family members. People may want to attend to get help during a crisis, feel more confident when dealing with services and receive support to make informed decisions at difficult times.

This service is free and runs Monday to Friday.

Last updated: August 28, 2026